

NOT A NUMBER

A CHILD TRAFFICKING AND EXPLOITATION
PREVENTION CURRICULUM FROM

from
LOVE146

WHAT IS *NOT A NUMBER* ?

- It is an interactive, five-module prevention curriculum developed by Love146. It is designed to teach youth how to protect themselves from human trafficking and exploitation through information, critical thinking, and skill development.
- The content of *Not a Number* is presented in a manner that inspires youth to make safe choices and utilize healthy support systems by not focusing on one particular aspect of the issue, but instead taking a holistic approach focusing on respect, empathy, individual strengths, and the relationship between personal and societal pressures that create or increase vulnerabilities.
- It is a curriculum based on strong program theory and grounded in empirical literature and best practices in the field of prevention education (e.g., with lessons learned from evidence-based curricula on dating violence, internet safety, sexual abuse, bullying, etc.).
- It is designed to impact youth across the risk spectrum. It considers all youth as inherently vulnerable, but also as bearers of great potential and resilience.
- As part of the holistic approach, it provides resources to support a whole-school or entire-system response, including additional resources for professionals and parents/caregivers.

WHO IS THE INTENDED AUDIENCE & SETTING?

- The curriculum was developed for youth ages 12-18, including male, female, and youth that identify as LGBTQ. *Not a Number* is applicable across gender, ethnic, and socioeconomic backgrounds.
- Youth with high-risk indicators such as involvement with systems (e.g. juvenile justice, child welfare), history of abuse and/or neglect, exposure to violence, risky sexual behavior on- and offline, and history of alcohol or substance use will particularly benefit.
- The curriculum is designed for primary and secondary prevention and early identification for vulnerabilities and exploitation. While youth who have experienced human trafficking and exploitation may benefit from *Not a Number*, it is not intended to be used as a primary treatment tool.
- Schools, child welfare and juvenile justice agencies have utilized *Not a Number* successfully. Other community based organizations and programs have also found it relevant to their settings.

HOW WAS *NOT A NUMBER* DEVELOPED?

- *Not a Number* was developed in consultation with experts in the field of human trafficking and commercial sexual exploitation, education, and research and evaluation.
- Our monitoring and evaluation tools (pre/post survey and fidelity forms) were created in conjunction with researchers from the Crimes Against Children Research Center at the University of New Hampshire, and our educational modalities were designed in collaboration with faculty from the University of New Haven Department of Education.
- The *Not a Number* curriculum was piloted with over 2,500 youth in schools, child welfare and juvenile justice agencies, residential programs, and other community settings. The pilot phase was conducted in Connecticut, Florida, and Texas through Love146, Aspire Health Partners, and the Connecticut Department of Children and Families.

WHAT DOES THE LICENSING & CERTIFICATION PROCESS LOOK LIKE?

- Schools, child welfare and juvenile justice agencies, as well as other youth-serving organizations, are eligible for licensing. Organizations who become licensed can have facilitators complete the three-day Facilitator Certification Training, and be certified to implement the curriculum.
- Strong candidates for certification, to be selected by their organizations, are individuals with experience working with at-risk youth in a professional capacity. Also, individuals with facilitation experience, that have utilized other prevention curricula and have group facilitation as part of their role, are a good fit for certification (e.g., school counselors, teachers, and social workers).
- License holders have the option of hosting a training specifically for their team, or they can send individual facilitators to a Love146 regional training. At this time, regional trainings are regularly scheduled in New Haven, CT and Houston, TX. Regional trainings in other locations will be considered on a case by case basis.
- The cost for licensing and certification is based on a sliding scale. Please contact Love146 at notanumber@love146.org for additional information on cost, training structure, and options.

